



## Learning Intention Hey, why this lesson?

## To comprehend the term 'value'



Christian values come from Jesus Christ. We need to identify the many positive values he had or taught about whilst on earth. Through discussion on the 'virtues', we will create a better understanding of values.

Hint: Concentrate on 'empathy' and what it actually means plus making sure students are encouraged to find 'what do you value' i.e. what is important to you?

### Scripture

*But a Samaritan while travelling came near him; and when he saw him, he was moved with pity.*

– Luke 10:33

This scripture uses the term 'pity'. Discuss this word with the students and then ask them the difference between this word and the virtue 'mercy'. Is one deeper than the other? Can you look down on people with pity, while showing mercy could seem to be more positive as it needs actions?

### ACARA Connection RE Key Understanding

*Connect to your own State/ Territory's key understandings of Religious Education e.g. Christian Living, Religion and Society*

### Health and physical education / Year 7 and 8 / Personal, Social and Community Health / Communicating and interacting for health and wellbeing

Curriculum content descriptions

Investigate the benefits of relationships and examine their impact on their own and others' health and wellbeing (ACPPS074).

<https://www.australiancurriculum.edu.au/Search/?q=ACPPS074>

### Virtues

- **empathy** – walk in others' shoes, share others' feelings
- **tolerance** – being willing to endure /put up with others' behaviours/opinions
- **mercy** – being compassionate and forgiving

Ask students to consider why the authors included 'empathy' in this topic and the previous topic on kindness? Also ask them, 'Do you have difficulty with tolerance, e.g. parents, step-parents, brothers and sisters, people from a different culture or who share differing views or values?'



## Warm Up Activity

### Walking in others' shoes

Watch the following YouTube

[STAND IN SOMEONE ELSE'S SHOES, 4:23 DURATION](https://www.youtube.com/watch?v=zh55e6U_XPM)

[https://www.youtube.com/watch?v=zh55e6U\\_XPM](https://www.youtube.com/watch?v=zh55e6U_XPM) – take care as it is an extremely powerful 'walk' through a hospital.

Discuss this YouTube and state which of the examples you can relate to and why.



## Main Activity

[Note that this is quite challenging]

1. Looking at the difference between empathy, sympathy and compassion.
2. Divide the students up into three groups:
  - a) Empathy
  - b) Sympathy
  - c) Compassionand ask them to define their attributed 'virtue' and give examples.
3. All groups should then discuss their definitions and identify the major differences between all three virtues.  
(Hint: go to the following web page for a super explanation.  
<https://chopra.com/articles/whats-the-difference-between-empathy-sympathy-and-compassion>)

## Spiritual Connection

The parable of the Good Samaritan. Relate the three virtues to this well-known parable. Explain to the students that Samaritans were not liked by the majority of the people during this time in history.

## Reflection Questions

Ask the students to use the relatable quote to reflect on decisions they have to make. What do they value the most? A rocky friendship where their values are compromised, family /parents but they back chat all the time.



## Success Criteria

Students will be able to ...

- discover 'what they value' i.e. what is important to them and more importantly why it is important
- reflect on their values and articulate where they can improve on these
- unpack the three highlighted virtues and write where they could use them in their lives to better advantage
- unpack and use 'The Beatitudes' in their lives.

## Take Away



Decide what values you need to keep and those that you need to discard.

## Extensions

### ACTIVITY ONE

1. Take one line from the Beatitudes and look for a current story online that reflects that line.
2. Scan through the following and choose one activity that may help you or someone else who has anxiety.

<https://www.thehelpfuleounselor.com/18-coping-skills-strategies-for-children-and-teens/>

### ACTIVITY TWO

1. Watch the following video on 10 top values:  
**THE 10 MOST IMPORTANT HUMAN VALUES - FEARLESS SOUL, 10:45 DURATION**  
[https://www.youtube.com/watch?v=kOJu1vj\\_BVk](https://www.youtube.com/watch?v=kOJu1vj_BVk)
2. Write down the 10 values they suggest.
3. Circle which of these are Christian values – i.e. related to the teachings / words / actions of Jesus.
4. Choose:
  - a) Two you already do.
  - b) Two you could improve upon.
5. Write the ONE you need to focus on to make your life happier. Include how and when you are going to use this value.

### Relatable Quote

*It's not hard to make decisions when you know what your values are.*

– Roy E. Disney

Ask the students to journal their own top 5 values and explain why they have chosen these.