

Crossroads Weekly Topics Planner

Based on Jesus' teachings from the Gospel, **nine core values** are explored through **30 topics**. Using a 'Jesus in the now' approach, values such as compassion, courage, generosity, gratitude, integrity, kindness, resilience, respect and tolerance are explored in ways that will stimulate dialogue in your classroom.

Nine Core Values

compassion courage generosity gratitude integrity

kindness resilience respect tolerance

TOPIC 1	Looking ahead	TOPIC 2	What do you believe?	TOPIC 3	Believe in yourself (B.I.Y.)
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To plan ahead after reflection. When we plan we need to know that we are not alone...	What does it mean to believe? It is helpful to talk about our beliefs and be prepared to explain why we think in a certain way...	We will all have hard 'things' thrown at us in our lives and it will take the 3Fs - Faith, Family & Friends - to deal with these times...
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TOPIC 4	To fit in or not to fit in? That is the question	TOPIC 5	You are in charge of your attitude	TOPIC 6	Problem solving
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We look at finding ways to effectively share your gifts and passions, while not compromising beliefs to fit in with others...	You have many choices to make during your life journey. Your attitude is also a choice...	We have the capability of building a solution to almost anything if we cultivate an 'I can solve this' attitude or habit...
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TOPIC 7	'I can do it' attitude	TOPIC 8	Grit	TOPIC 9	Grief and loss
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We need to realise that the act of setting and achieving goals takes practice, reflection, and a never-give-up attitude...	To have Grit is more than just having resilience...	Learning to understand that grief is a natural (and often necessary) way of dealing with loss...
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TOPIC 10	An attitude of gratitude	TOPIC 11	How do you G.T.S.? (greet, treat & speak)	TOPIC 12	Giving – going the extra mile
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Learning to identify moments when we need to thank and appreciate what others do for us...	When you GTS with others, it can open positive doors for you and help them with their day...	Why do we need to give to others? What does it give to us? Identifying and appreciating the little things in life...
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TOPIC 13
Humility

Discovering the act of being humble and being aware of others rather than focusing on ourselves...

TOPIC 14
Opening the G.A.T.E.

An attitude of gratitude not only brings happiness to others, but helps our mental and spiritual well being...

TOPIC 15
Good, better, best

Discovering the significance of these three words and how they can relate to your life...

TOPIC 16
Heart to heart

Understanding that the heart is more than just a human organ...

TOPIC 17
Kindness

Exploring and discovering that kindness creates more kindness...

TOPIC 18
What do you value?

Through discussion of Christian 'virtues' we will create a better understanding of values...

TOPIC 19
What does respect look like?

Giving respect will help you gain respect, but what does respect look like?

TOPIC 20
Mobile – friend or foe?

An opportunity to explore the concept of etiquette and manners...

TOPIC 21
This is your world

Exploring and articulating our BIG ideas for this world...

TOPIC 22
"I was there" – Making a difference

Making a connection to charitable organisations that resonate with us and understanding how we can make a difference...

TOPIC 23
Social media

Exploring the positive and negative effects that social media has on our lives...

TOPIC 24
Mental health

Understanding mental health and its connection to physical health...

TOPIC 25
Perception

Understanding 'body image' and three virtues - acceptance, confidence and contentment...

TOPIC 26
Reflective practice

Developing the skill to not just looking in a mirror but inside ourselves...

TOPIC 27
One step at a time

Discovering the power of initiative and how to use it effectively in our lives...

TOPIC 28
Mentally-strong people

Cultivating mental toughness to help us succeed with our goals...

TOPIC 29
You are not alone

Learning how to reach out for help when we're feeling troubled...

TOPIC 30
Reflection via inspiration

Taking inspiration from others to achieve our own goals...